2019 第二屆國際心理健康聯合倡議高峰會議程(暫定)

The 2nd Global Summit for Mental Health Advocates, 2019

心理健康促進:國家優先議題

一、會議日期:108年10月5日至6日(週六~週日)

二、地點:臺灣大學公共衛生學院大樓(臺北市中正區徐州路17號)

三、大會官網:<u>https://bit.ly/2xke2n6</u>

四、詳細議程:

※本會議主要以英文進行,若有以中文或中英同步口譯進行之場次,將特別標註。

※提供中英文同步口譯場次為特聘講座、專題演講、關鍵論壇,以及部分標示平行會議。

第一天	10月5日(週六)			
0830	報到			
0900	表演~活力太極隊-康復者聯隊			
	Vitality Tai Chi			
0915	貴賓及主辦單位致詞,本次大會主辦單位中華心理衛生協會 呂淑貞理事長介紹貴賓:			
	1. 陳建仁副總統致詞 (10')			
	2. 本屆會議大會主席張珏教授 (5')			
	3. 國際心理健康倡議聯盟(GAMHA)介紹 (10')			
	發起代表: Prof. Fatimah Lateef, Member of Parliament, Singapore			
	4. Lundbeck 代表: Dr. Keira Joann Herr, Medical Manager, South East Asia, Medical Affairs,			
	Lundbeck Singapore Pte, Limited (10')			
	5. 陳時中衛生福利部部長 (5')			
	6. 張景森行政院政務委員兼財團法人賑災基金會董事長 (5')			
0955	大合照(致詞貴賓代表及全體)			
1000 (30')	Keynote Speech 特聘講座			
	Topic: The World Health Organisation (WHO) and United Nations (UN) Goal Setting for			
	Prioritizing Mental Health Promotion: Strategies for Country Level Implementation and the Role of International Non-Government Organizations (INGOs) and Non-Government			
	Organizations in Advocating for Country Level Implementation			
	題目:世界衛生組織和聯合國為優先促進心理健康制定的目標:國家層級實			
	施以及國際非政府組織和非政府組織在其中扮演的角色			
	Speaker 發表者:Dr. Ingrid Daniels			
	Director, Cape Mental Health, South Africa /			
	President-Elect, World Federation for Mental Health			
1030	茶敘/海報展示			
	校園心理健康有效策略			
	I. Effective School-based Mental Health Strategies			
1045 (30')	Plenary Speech I 專題演講 (一)			
	Title: The Outcome and Impact of Whole School Mental Health Promotion in Australia			
	題目:校園心理健康促進的成果與效益澳洲經驗			
	Speaker 發表者: Prof. Phillip Slee			

	Professor, College of Education, Flinders University, South Australia /				
	Director of the Student Wellbeing & Prevention of Violence (SWAPv) Research Centre				
	南澳大利亞佛林德斯大學人類發展教授/學生心理健康與暴力預防研究中心主任				
1115 (80')	Forum I 關鍵論壇(一)				
	Chairman 主持人:郭乃文教授(中華民國臨床心理師公會全國聯合會理事長/國立成功大學行				
	為醫學研究所)				
	Topic: Developing Mental Health School Policy				
	主題:發展心理健康學校政策				
	Panelists 與談人:				
	1. 新加坡代表 Prof. Fatimah Lateef (Member of Parliament for Marine Parade GRC, Singapore)				
	Title: Prioritizing Mental Health Promotion in Schools				
	2. 加拿大代表 Mr. Fardous Hosseiny (Director, Public Policy, Canadian Mental Health				
	Association (CMHA) Title: A Paradigm Shift – Settings Based Approach to Mental Health Promotion.				
	3. 台灣代表 Ms. Yi-Hua Lin, Legislator, Taiwan				
	林奕華立法委員(曾任台北市市議員、臺北市政府教育局局長及新北市政府教育局局長)				
	Title: The Implementation of Children and Adolescents Mental Health Promotion Policy:				
	Past and Future				
	題目:促進兒少心理健康發展之政策與實施:過去與未來				
1235	中午休息/海報展示				
	WFMH 世界心理健康日記者會				
	1. Prof. Chueh Chang, Summit Chair 大會主席張珏教授				
	2. Dr. Ingrid Daniels, President-Elect, World Federation for Mental Health (邀請中)				
	3. Prof. Fatimah Lateef, Member of Parliament, Singapore (邀請中)				
	4. Dr. Lih-Jong Shen, Director-General, Department of Mental & Oral Health, Ministry of Health				
	and Welfare, Taiwan				
	中華民國衛生福利部心理及口腔健康司諶立中司長				
	康復者復原之旅:困境、挑戰與突破				
1225 (202)	II. Journey of Rehabilitation: Difficulties, Challenges and Break Through				
1335 (30')	Plenary Speech II 專題演講(二)				
	Title: Reversal Mentally Distressed Conditions: Dilemma and Theoretical Breakthrough 題目:翻轉精神上的困境—理論和方法的突破				
	Speaker 發表者: Yow-Hwei Hu 胡幼慧				
	1 -				
	Founder of the Phoenix Reborn Art Project, Taiwan / Associate Professor, National Yang-Ming University (1987–2003)				
	玄鳥站計畫創始人/前陽明大學副教授				
1405(20')	Plenary Speech III 專題演講 (三)				
	Title: Dignity, Equality, and Self-reliance—Psychological Reconstruction of Supporting				
	Employment Service in Sheltered Workshop				
	題目:尊嚴平等,自立更生談經營庇護工場就業服務之心理建設				
	Speaker 發表者: Tian-Fu Liu 劉天富				
	President, Foundation of Employment of Mentally & Physically Disabled				
	社團法人中華民國身心障礙者自立更生創業協會理事長				

Education for Young

題目:對話-探尋生命之

旅:幼兒生命教育現況

Children

2. 新加坡代表:

1425 (80') Forum II 關鍵論壇(二) Chairman 主持人:胡海國醫師(臺大醫學院名譽教授) Topic: Experiences in Mental Health Promotion for People Living with Mental Illness 主題:康復者心理健康促進的各國經驗 Panelists 與談人: 1. 紐西蘭代表: Andrew Lu (Peer Support Specialist, RI International, New Zealand) Title: Recovery and Beyond 題目:復原與超越 2. 台灣代表: Sun Te-Li (Director, Concentric Circles Community Rehabilitation Center, Taiwan) 孫德利主任 (同心圓社區復健中心) **Title: Follow the Season Start Living Recovery** 題目:跟隨時令啟動復原生活 3. 香港代表: Deborah Wan Lai Yau (Past President, World Federation for Mental Health) Title: Policy Formulation of Rehabilitation in Hong Kong on Mental Wellness 題目:香港心理健康康復之政策制定 4. 澳洲代表: Ms. Janet Meagher AM (Member of National Disability Insurance Scheme Independent **Advisory Council)** Title: TBA. 1545 茶敘/海報展示 1600 101 Lecture Hall 拱北講堂(R117) 全球廳 康復者心理健康促進 兒童與青少年心理健康促進 平行會議 成癮與心理健康 Addiction **Consumers and Caregivers Mental Health Promotion for Parallel** and Mental Health **Mental Health Promotion Children and Adolescents Sessions** (英文場) (中文場) (中英同步) 1600(80') Chairman 主持人:張淑慧執行 Chairman 主持人:萬心蕊教授 Chairman 主持人: 宋維村醫師 長(國立臺灣大學中國信託慈 (東吳大學社會工作學系副 (天主教若瑟醫療財團法人 善基金會兒少暨家庭研究中 教授兼系主任) 若瑟醫院) 心) Speaker 報告人: 康復者敘說 Speaker 報告人: 1. 馬來西亞代表: 1. 康復之友(一) Ms. Yeow Gaik Choo 1. 李志恒 Jih-Heng Li 曾玉如護理師 Yu Zu Tseng (Clinical Psychologist, (高雄醫學大學藥學系/ (新北市康復之友協會 Positive2U Life Education 前藥檢局局長 Professor, New Taipei City Association Centre, Malaysia) School of Pharmacy, for Mental III Nurse) **Title: A Journey of Life Kaohsiung Medical** 2. 康復之友(二) **Exploration Derived from** University) 胡幼慧 Yow-Hwei Hu Dialogue ~ Explore the **Title: Prevention and Current Situation of Life** (玄鳥站計畫創始人

/Associate

Founder of the Phoenix

Yang-Ming University)

Professor.National

Reborn Art Project, Taiwan

題目:從「杜鵑窩」到「玄

Treatment of Substance

Multidisciplinary Issue

題:挑戰與因應策略

Strategies for the

Addiction: Challenges and

題目:藥癮防治的跨領域議

	2. 王智弘教授 Chih-Hung Wang 國立彰化師範大學輔導與 諮商學系教授兼本土諮商 心理學研究發展中心主任 / 中華本土社會科學會理 事長 Professor, Dept. of Guidance and Counseling & Director, Center for Indigenous Counseling Psychology, National Changhua University of Education/President, Chinese Indigenous Social Science Association Title: School Mental Health Strategy for Internet Addiction Prevention. 題目:網路成應防治的學校 機構心理健康策略 3. 許福生 Fu-Seng Hsu(中央 警察大學法律學系教授兼 系主任 Director, Department of Law Central Police University) Title: On the treatment and prevention of drug users in Taiwan 題目:論台灣毒品施用者之 處遇與防治	鳥站」一超越「專家」V.S 「病患」的生命故事 3. Ms. Lily Wu Peer Support Worker, Mental Health South Western Sydney Local Health District Liverpool Hospital Title: TBA.	Poh Sow Chan Porsche (Executive Director, Silver Ribbon, Singapore) Phay Yan Deng (Clinical Executive, Silver Ribbon, Singapore) Title: Youths & Students' Mental Health Initiatives Within/ Beyond Campus: The Singapore Story 題目:校園內/外青少年及學生心理健康倡議 3. 台灣代表: 陳慧慈部長 Huei-Tsyr Chen 社團法人臺灣芯福里情緒 教育推廣協會研發部部長 Managing Director, Taiwan Happiness Village Emotion Education Association Title:An Authentic Socialand Emotional LearningProgram for ElementarySchools and ItsImplementation in Taiwan 題目:台灣原創的小學社交 與情緒學習課程及實作
平行會議 Parallel Sessions	青少年心理健康促進 Youth Mental Health Promotion (英文場)	社區心理健康 Community Mental Health <mark>(英文場)</mark>	韌性養成與成癮防制 Resilience and Addiction Prevention <mark>(中英同步)</mark>
1720~1820	Chairman 主持人:丘彦南醫師	Chairman 主持人:張鳳航教授	Chairman 主持人: 陳宜民立委
(60')	(臺大醫院精神醫學部主治	(臺北醫學大學傷害防治學	Speaker 報告人:
	醫師) Speaker 報告人:	研究所) Speaker 報告人:	1. 柯慧貞副校長 Huei-Chen Ko, Ph.D.
	Speaker 報音人 · 1. 嚴祥鸞教授	Speaker 報告人: 1. 泰國代表:	正洲大學心理系/網路成癮
	Shang Luan Yan	Mrs. Suchada Sakornsatian	防治中心,
	實踐大學社會工作學系/	(Senior Consultant,	Vice President, Asia
	中華心理衛生協會監事	Srithanya Hospital,	University / Chair Professor,
	Professor, Social Work, Shih	Thailand)	Dept. of Psychology &
	Chien University/Board	Title: Neuro Balance	Center for Internet Addiction
	Member, Mental Health	Program for Autistic	Prevention and Treatment,

Association in Taiwan **Title: Diversity: Teen Pregnancy Prevention** Program - Gender **Equality in Health.** 題目:多元觀點:未成年懷 孕的性别健康預防方案

2. 張菊惠副理事長 Chu-Hui Chang

中華心理衛生協會副理事 長 Vice President,Mental Health Association in Taiwan

Title: The Practice of Mental Health Literacy Program in Schools

題目:以閱讀為媒介—心理 健康融入校園實作經驗

Persons

題目:自閉症患者神經平衡

2. 菲律賓代表:

Dr. Tan Cho Chiong (Psychiatrist. Institute of Medicine, Far Eastern **University Nicanor Reves** Medical Foundation, Philippines)

Title: A Holistic Community Programs for Psychosocial Rehabilitation of Drug Addicts.

題目:為藥應者心理社會發 展之康復提供全面性社區 方案

Asia University

Title: The Effectiveness of the Therapeutic **Residential Camp in Problematic Smartphone Use And Gaming Among Teenagers**

題目:戒網癮親子營隊對青 少年問題性智慧型手機和 遊戲使用的介入成效

2. 柯志鴻主任 Chih-Hung Ko 高雄市立小港醫院精神科 主任/高雄醫學大學附設醫 院精神科主治醫師 Director, Dept. of Psychiatry, Siaogang Municipal Hospital, KMU / Dept. of Psychiatry, KMU Hospital

Title: The Role of **Resilience in Gaming**

Disorder

題目:韌性在遊戲成癮防治

的角色

1900~

貴賓晚宴

第二天	10月6日(週日)			
0900	心運動~笑笑功 林玉華老師			
III. Strategies to Strengthen Mental Resilience in the Face of Climate Change and				
	Disaster			
0910 (80')	Forum III 關鍵論壇 (三)			
	Chairman 主持人:謝臥龍教授/主任(高雄師範大學教學發展中心)			
	Title: Development of Disaster Mental Health Policy 題目:歷經災難如何安定國家心理健康:訂定災難心理健康政策			
	Panelists 與談人:			
	1. 泰國代表: Dr. Samai Sirithongthaworn (Deputy Director, Department of Mental Health,			
	Ministry of Public Health, Thailand)			
	2. 印尼代表:Dr. Prianto Djatmiko (Director, Adult Mental Health Division, Ministry of Health,			
	Indonesia)			
	Title: Mental Health and Psychosocial Support Policy in Indonesia 3. 台灣代表:諶立中司長(中華民國衛生福利部心理及口腔健康司)			
	Lih-Jong Shen, (MD.MHS., Director-General, Department of Mental & Oral Health, Ministry of			
	Health and Welfare, Taiwan)			
	Commentary 回應人:			
	Ms.Nancy Wallace			
	Founder, UN NGO Committee of Mental Health UN main Representative, World Federation for Mental Health			
1030	茶敘/海報展示			
1045(60°)	Forum IV 關鍵論壇(四)			
1012(00)	Chairman 主持人: 陳正宗醫師 (高雄市立凱旋醫院前院長)			
	Title: Community Resilience Models ~ Taiwan's Experiences			
	題目:社區韌性的展現模式:透過社區協力,集體面對與轉化			
	Panelists 與談人:			
	1. 駱慧文教授(高雄醫學大學)&謝依娜(台北醫學大學醫學人文研究所) H.W. Angela Lo ¹ &Ierna Shieh ²			
	¹ Associate Professor, Department of Medicine, Kaohsiung Medical University			
	² Graduate Student, Institute of Medical Humanities, Taipei Medical University			
	Title: Medical UniversityConstructing Community Mental Health and Smart Living			
	Strategies after the Kaohsiung Gas Explosion Disaster			
	題目:高雄氣爆災後心理健康與智慧生活社區營造方略			
	2. 陳世聰校長(屏東縣長榮百合國小)& 蕭嫣勤(屏東縣地磨兒國小教師) Shih-Tsung Chen ¹ &Yenchin Hsiao ²			
	Principal, Pingtung County Evergreen LilyElementary School			
	² Teacher, Pingtung County Timur Elementary School			
	Title: Educational Idea and Practice of Newly EstablishedExperimental School in the			
	Post-Disaster Village			
	題目:災後遷村部落新設實驗學校的教育理念與實踐			
促進老人心理健康之最佳實踐				
	IV. Good Practices in Promoting Mental Health among Senior Citizens			

PlenarySpeechIV 專題演講(四) Chairman 主持人:歐陽文貞副院長(衛生福利部嘉南療養院)			
Title: Hong Kong Mental Health Service Since 1945Advocating, Promoting and Making It			
Happen			
題目:跨越七十載:香港老人精神衛生服務—倡議、推動與實現			
Speaker 發表者: Siu-Wah Li, M.D 李兆華醫師 Consult Department of Consult Adult Psychiatry Costle Pools Hearital Hong Kong/Immediate			
Consult, Department of General Adult Psychiatry, Castle Peak Hospital, Hong Kong/Immediate Past President, Hong Kong Psychogeriatric Association.			
香港青山醫院成人精神科醫師/香港老年精神科學會前主席			
心理健康促進			
里諮商系)			
shinatan University			
shington University			
y school of Medicine,			
Title: Cross-Cultural Aspects of Aging and Mental Health in the U.S			
題目:跨文化面向高齡心理健康			
2. 紐西蘭代表-Ms. Debbie Siau (Activities Coordinator, Oceania Healthcare, New Zealand) Title: Empowering Active Living to Promote Wellness in Rest Home			
題目:強化養護中心積極生活,促進身心安適			
3. 台灣代表-呂淑貞 Ph.D. Shu-Jen Lu.			
(中華心理衛生協會理事長/長照服務計畫召集人, Preventive Intervention of Long-Term			
Care Services Project in Taiwan)			
Title: The Mental Health Outcomes of Intervention programs in Prevention Care and			
Prolong Disability for Elderly inTaiwan. 題目:預防或延緩失能對老人心理健康之影響			
Commentary 回應人: Dr. Tsuyoshi Akiyama			
ealth Japan			
101 Lecture Hall			
《 姝 梅 小 珊 / 冉 唐			
災難與心理健康 Disaster and Mental			
Health			
(中英同步)			
Chairman 主持人:吳			
英璋教授(國立臺灣 大學心理學系暨研究			
大字心理字系 登研			
川名学教教) Speaker 報告人:			

1. 巴基斯坦代表:

- Speaker 報告人:
- 1. Phillip Slee
 Professor, College
 of Education,
 Flinders University,
 South
 Australia/Director
 of the Student
 Wellbeing &
 Prevention of
 Violence (SWAPv)
 Research Centre
 Title: The PEACE
 Pack: Antibullying

Wellbeing

- **Program** 2. Suraiya Syed Mohamed¹ & Vanitha Subramaniam² ¹Director, Health Education Division, Ministry of Health Malaysia ²Health Education Division, Ministry of Health Malaysia Title: PEARL-**National Mental** Health **Intervention to Enhance Resilience** Level among **Malaysian School** Children.
- 1. Ms. Nancy Wallace Founder, UN NGO Committee of Mental Health / UN main Representative, World Federation for Mental Health, USA Title: Climate Change and Mental health 題目:氣候變遷與心理健康
- 2. 顏采如、張珏、周 才忠、胡鈞涵/中 華心理衛生協會 Cai-RuGan^{1,2,}Chueh Chang^{2,} Tsai-Chung Chou², Chun-Han Hu², ¹Griffith **University Centre** for Environment and PopulationHealth,O ueensland, Australia ²Mental Health Association in Taiwan Title: Linking **Mental Health Promotion and**
 - Preparedness Program 題目:心理健康促 進融入備災教育中

School Disaster

3. 林耀盛 Yaw-Sheng Lin (國立臺灣大學 心理學系暨研究所 教授 Professor, Department of Psychology, National Taiwan University)

Title: Facing the Psychological Suffering

- Speaker 報告人:
- 1. 李玉嬋 Yu-ChanLi (國立臺北護理健 康大學生死與健康 心理諮商系教授/ 台北市諮商心理師 公會理事長 Professor, Dept. of Thanatology and Health Psychology, NTUNHS/President, Taipei Counseling Psychologist Association)
 - Title: The Program of Promoting Elders Well-being on Mental Health BMI Indicator: Befriends-Mindful ness-Identity 題目:老人心理健康 BMI 幸福指標之服務介入方案:友善、正念、認同
- 2.謝佳容 Chia-Jung Hsieh (國立臺北護理健康大學護理系副教授/社團法人中華心理衛生協會常務理事 Assoc. Professor, Dept. of Nursing, National Taipei University of Nursing and Health Sciences / Executive Director, Mental Health Association in Taiwan)

Title: Promoting and Protecting Elderly Mental Health through Evidence-Based Intervention Program

題目:促進與保護

- Unaiza Niaz
 (Professor, Dow
 University of
 Health
 Sciences, Karachi
 Pakistan)
 Title: Promoting
 Resilience in
 Disasters-Focus on
 Women's Mental
 - Health 題目:促進災難復 原力—重視婦女心 理健康
- 2. 印尼代表:
 Chrisna
 Mayangsari
 (Psychiatrist,
 Bekasi Government
 Hospital;
 University of
 Indonesia)
 Title: The Role of
 Psychiatrists in
 - afterNatural Disasters in Indonesia 題目:印尼精神科 醫師在天災後促進 民眾心理韌性的角

Improving Mental

Resilience

3. 台灣代表: 賴甫誌Fu-Chih Lai (台北醫學大學護 理學院副教授 Assoc. Professor, College of Nursing, Taipei Medical University /Vice Chair, Disaster Nursing Committee, Taiwan Nurses Association) Title:

1605	茶敘/海報展示	Experience: Existential Choice and Ontological Security for the Natural Disaster Survivors 題目:直西受苦:天然災害存活者的心理受苦經驗與存有上的抉擇	老人心理健康的實證介入方案 3. 岳修平 Hsiu-Ping Yueh¹、林維真 Weijane Lin² & 黃瀞 瑩 Ching-Yin Huang³¹□國立臺灣大學心理學系教授 Professor, Department of Psychology and the Department of Bio-Industry Communication and Development, National Taiwan University²□國立臺灣大學圖書資訊學系副教授 Associate Professor, Department of Library and Information Science, National Taiwan University³□國立臺灣大學圖書資訊學研究所博士生 Doctoral Student, Graduate Institute of Library and Information Science, National Taiwan University Title: Gerontechnology: How Technology: How Technology Improves Older Persons' Quality of Life 題目:高龄科技典生活品質促進	Psychological Interventions for Frontline Disaster Rescuers in Taiwan: Reflections from Disasters in Two Decades 題目:台灣對前線災難救護者的心理介入措施:二十年來的災難反思
平行會議	215 會議室	拱北講堂(R117)	全球廳	101 Lecture Hall
Parallel	社區心理健康 Community Mental	倡議者聯盟顧問年會 Advisory Panel 9	老人心理健康促進與	災難與心理健康 Disaster and Mental

Sessions	Health <mark>(英文場)</mark>	Members Annual Meeting (限受邀出席)	長期照護 Mental Health Promotion and Long-term Care (英文場)	Health <mark>(中英同步)</mark>
1620 (60')	Chairman 主持 美灣 科教皇 (國 教學 等主任 (大) (大) (大) (大) (大) (大) (大) (大)	倡議者聯盟 (GAMHA)顧問年會 GAMHA AdvisoryPanel Members Annual Meeting	Chairman 主持人:謝 佳容教授 Chia-Jung Hsieh Speaker 報告人: 1. 林依瑩 Puyat Doris Lin (弘道老人基金會董事長 Board Trustee, Hondao Senior Citizen Foundation / Former Deputy Mayor, Taichung City Government) 陳孝平 Michael S. Chen (亞洲大學 春代時報 Adjunct Distinguished Professor, Department of Healthcare Administration, Asia University) Title: Find a place for mental health service in Long term Care: experience sharing with practical cases 題目: 心理健康例 分享 2. 徐慧娟教授 Hui-Chuan Hsu(臺 北醫學大教授,Professor, School of Public Health,	Chairman 主持人:張 實情(執行長亞安管 理顧問有限公司) Speaker 報告人: 1. Cheryl Tyiska (former Deputy Director of NOVA, National Organization for Victim Assistance, USA) Title: Amplify Our Impact: Creating Partnerships to Prepare for and Respond to Disasters 題目:建立解學與條 2. 陳內國立臺灣子門內理學系所 於中國立臺灣子門所 於中的信等的可以 是學系學所 是一個的 是學系學所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是學系是所 是一個的 是一

	TaipeiMedical University) Title: Mental Health Promotion for Older Adults: Micro and Macro Strategies 題目:老年心理健 康促進:微觀與鉅 觀策略	二作
1720	下屆高峰會移交儀式/大會回顧剪影	
1730	賦歸	