

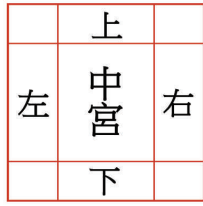
壹、「新九宮格」圖說：

圖一：「中宮」在「新九宮格」的中央。「中宮」之外是上、下、左、右的「邊宮」。

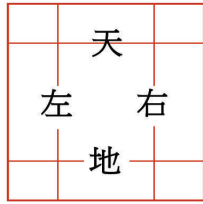
圖二：「中宮」四周邊線，上邊是「天」、下邊是「地」、左右兩邊稱作「左」、「右」。

圖三：「中宮結構法」口訣：「長畫在外面、短畫在裡面。」

長筆畫寫到中宮外面，讓造型有變化；短筆畫寫在中宮裡面，讓結構不鬆散。



圖一



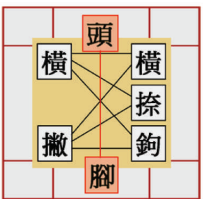
圖二



圖三



圖四



圖五

貳、「中宮結構法」圖說：

圖四：(一) 字的左右兩邊只有一個長筆畫，稱為正三結構模式。

(二) 字的左右兩邊沒有長筆畫，稱為瘦三結構模式。

(三) 左右兩邊長筆畫選用的順序為：撇、捺、鉤、橫、點。

(四) 字的上下筆畫，則以「頂天立地、出頭伸腳。」為書寫原則。

圖五：拉到上下左右邊宮的長筆畫互相配對，形成「中宮結構法」。

寫字時先預想字形，判斷上下左右是哪一個筆畫拉長，其餘筆畫則緊縮在中宮內。

參、寫字的方法：

- 一、使用筆桿直徑1cm、筆芯則是0.5mm的2B自動鉛筆寫字。
- 二、用筆原則：筆要輕握輕寫才會輕鬆靈活，不可握太低和握太緊。
- 三、鉛筆寫出的筆畫，以擦子輕擦就乾淨為原則，切勿用力過大，力透紙背。
- 四、線條只分粗和細，運筆時下按粗，上提細。書寫時連續的上提下按，像跳點一樣輕快。
- 五、寫標楷體時，讓長畫更長、短畫更短，長短對比明顯，字的造型會更好。

肆、新九宮格學習模式：

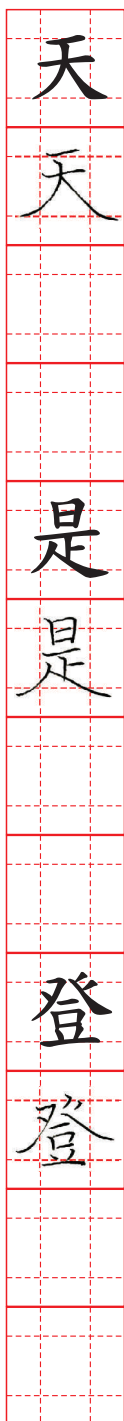
一、橫一長法

一字之中，只有一條長橫畫可以拉到左、右邊宮，其餘筆畫都緊縮在中宮之內。



二、撇捺法

一字之中，有撇捺就優先將撇捺拉到左、右邊宮，其餘筆畫都緊縮在中宮之內。



三、長鈎法

一字之中，有長鈎就優先將長鈎拉到左、右邊宮，其餘筆畫都緊縮在中宮之內。

允 允

成 成

惠 惠

四、出頭伸腳

口訣：「有頭出頭、有腳伸腳」

「出頭」是指字的上部有突出的筆畫，就讓它伸到「上邊宮」；
「伸腳」是指字的下部有伸出的筆畫，就讓它伸出「下邊宮」。

身 身

茶 茶

專 專

五、頂天立地

口訣：「沒頭頂天、沒腳立地」

上下平整的字，讓字的上部頂到中宮的「天」；字的下部立到中宮的「地」。

巨 巨

已 已

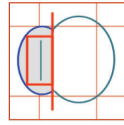
固 固

六、左右合體

左右合體字有三類：左小右大（佔絕對多數）、左右相等、左大右小。以左小右大的合體字為例，將左體結構的重心，或主要豎畫的位置，約放在中宮的左邊線上。再將右體結構沿著左體緊密書寫。左右相等和左大右小的合體字則依此類推。

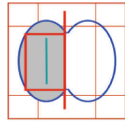
口訣：「部首放在左線（右線）上」

左小右大類



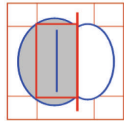
得 得
福 福
試 試

左右相等類



放 放
舒 舒
硯 硯

左大右小類



利 利
尉 尉
都 都

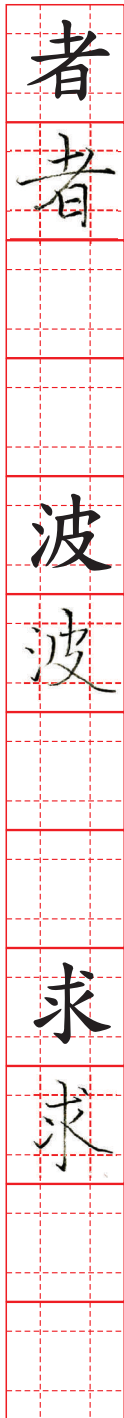
七、均間

均間就是平均間隔，讓筆畫的間隔均等勻稱，如同一張綿密的網，可以使結構整齊緊結，不致鬆散。

直 直
副 副
緣 緣

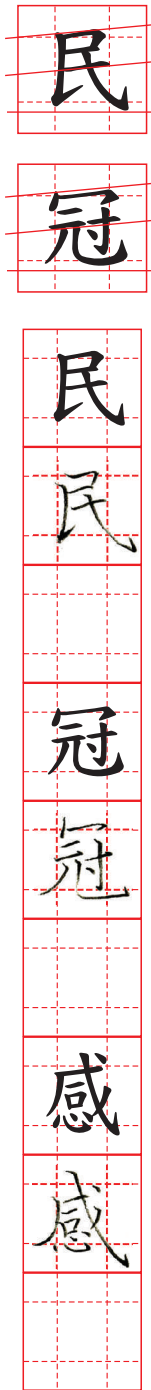
八、映帶

每個筆畫寫完收筆的同時，要將筆鋒順勢帶往下一筆的起筆方向，這種前後筆畫銜接的過程就是「映帶」。映帶有「提鋒收筆映帶」，用在「鈞」「挑」「撇」的收筆，另有「回鋒收筆映帶」，用在「橫」「豎」「點」的收筆。



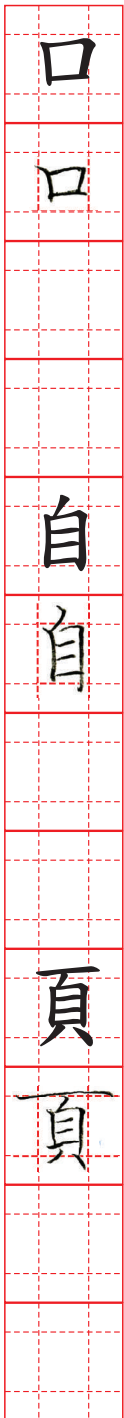
九、平衡

筆畫會往右上揚起，讓字形有掀動的感覺。以橫畫為例，底端的橫畫要往右下平伏，讓左右兩邊能平衡，這就是「上仰下平伏原則」。其次，結構要平衡還要注意左右兩邊長筆畫的對等性，稱為「左右長畫對等原則」。



十、筆畫搭接

筆畫搭接處讓眉角突出，會有明顯的裝飾效果，稱為「突出裝飾原則」。另外還有粗接細、細接粗的「粗細相接原則」。



童詩欣賞

一條細河流

葉日松

一條細河流

流過了一山又一山

流過了一庄又一庄

一條細河流
一路看風景
一路做筆記
一直記到大海去



迎新的春聯

葉日松

春聯著紅衫

喜洋洋

迎吉祥

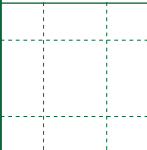

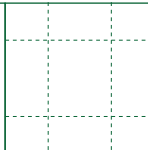

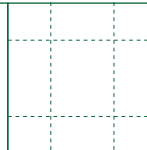

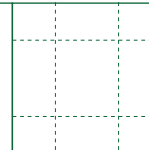

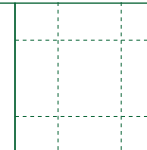

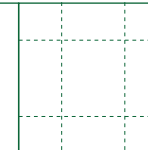

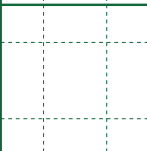

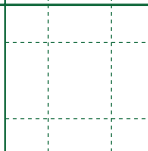



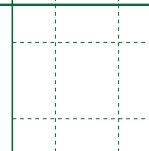

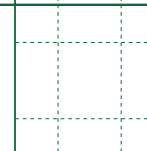

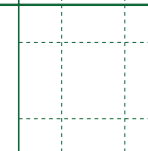

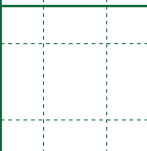









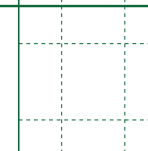













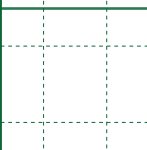





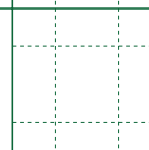

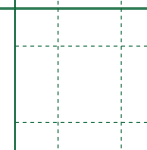

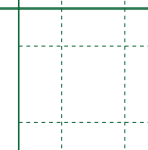

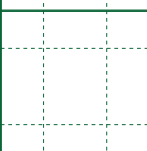





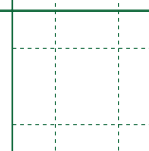

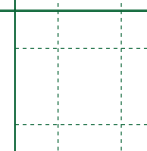

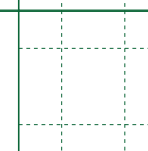

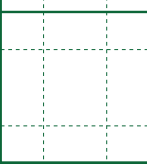





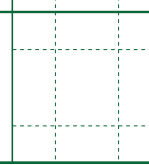



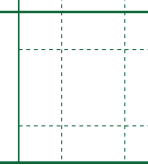

福滿堂

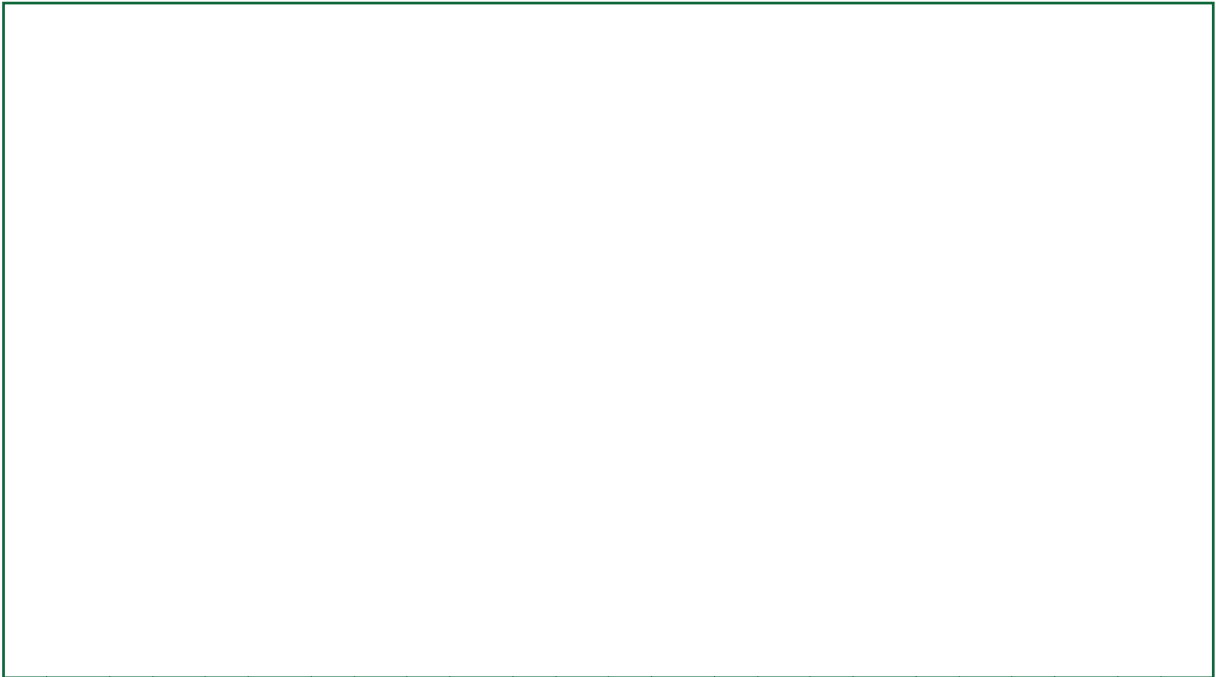
句句金言

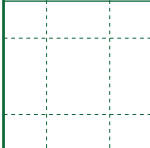

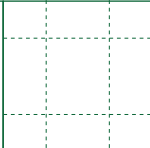
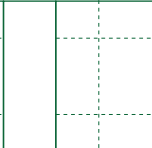
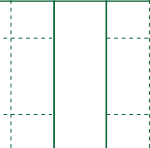
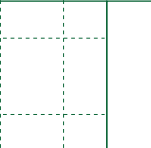
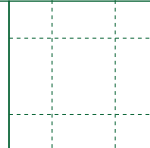
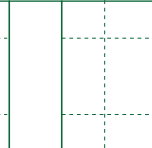
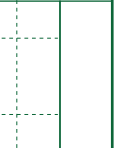
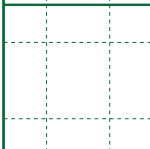

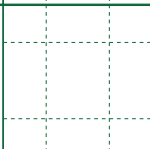
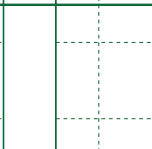
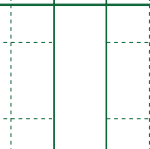
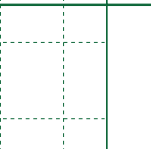

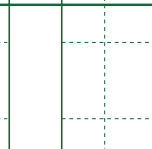

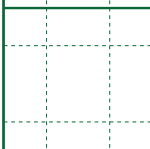

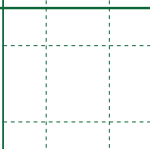
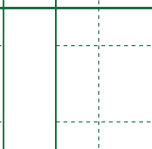
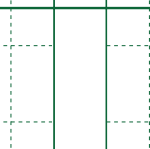
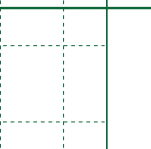

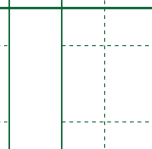
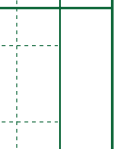
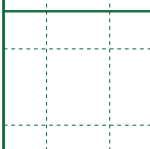

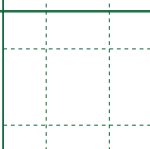
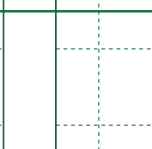
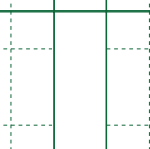
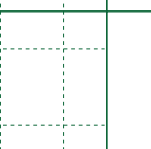
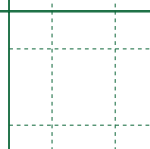
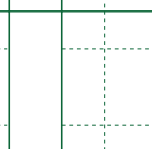
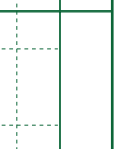
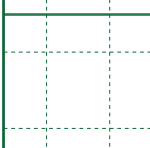
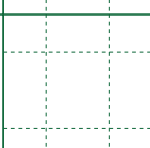
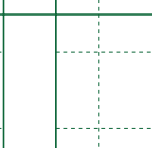
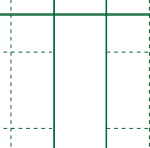
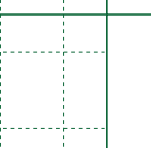

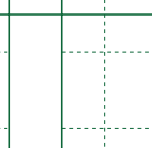

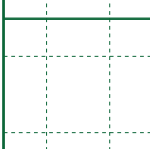


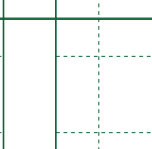
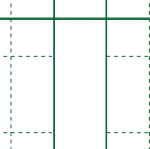
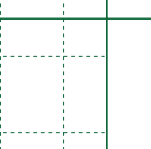

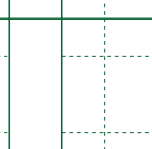
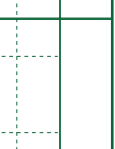
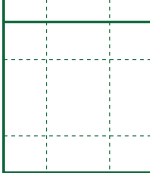

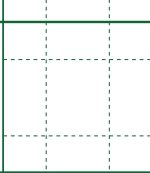
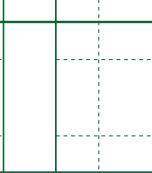
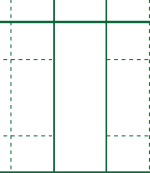
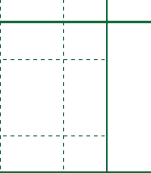

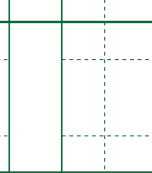
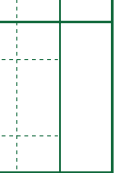
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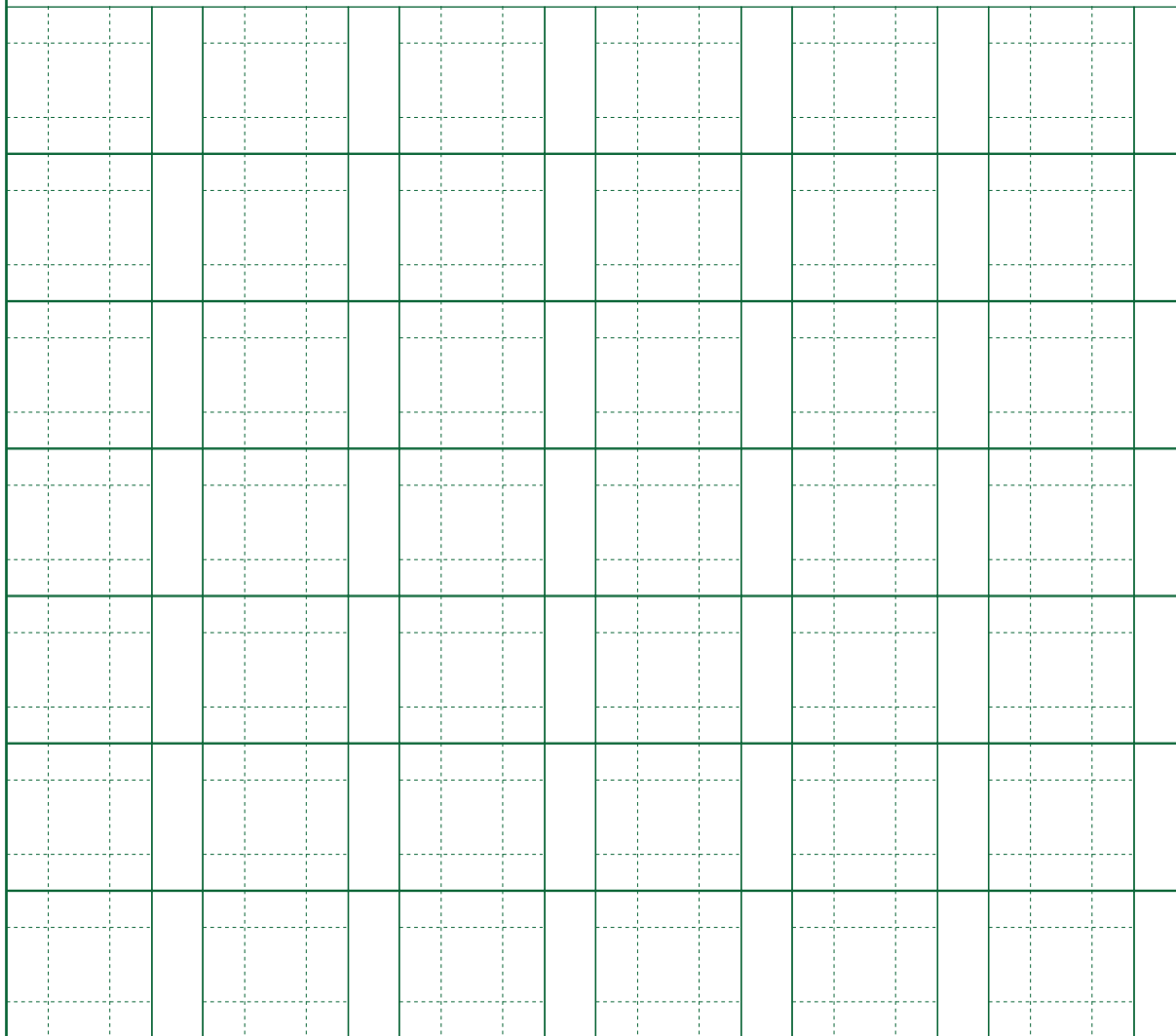


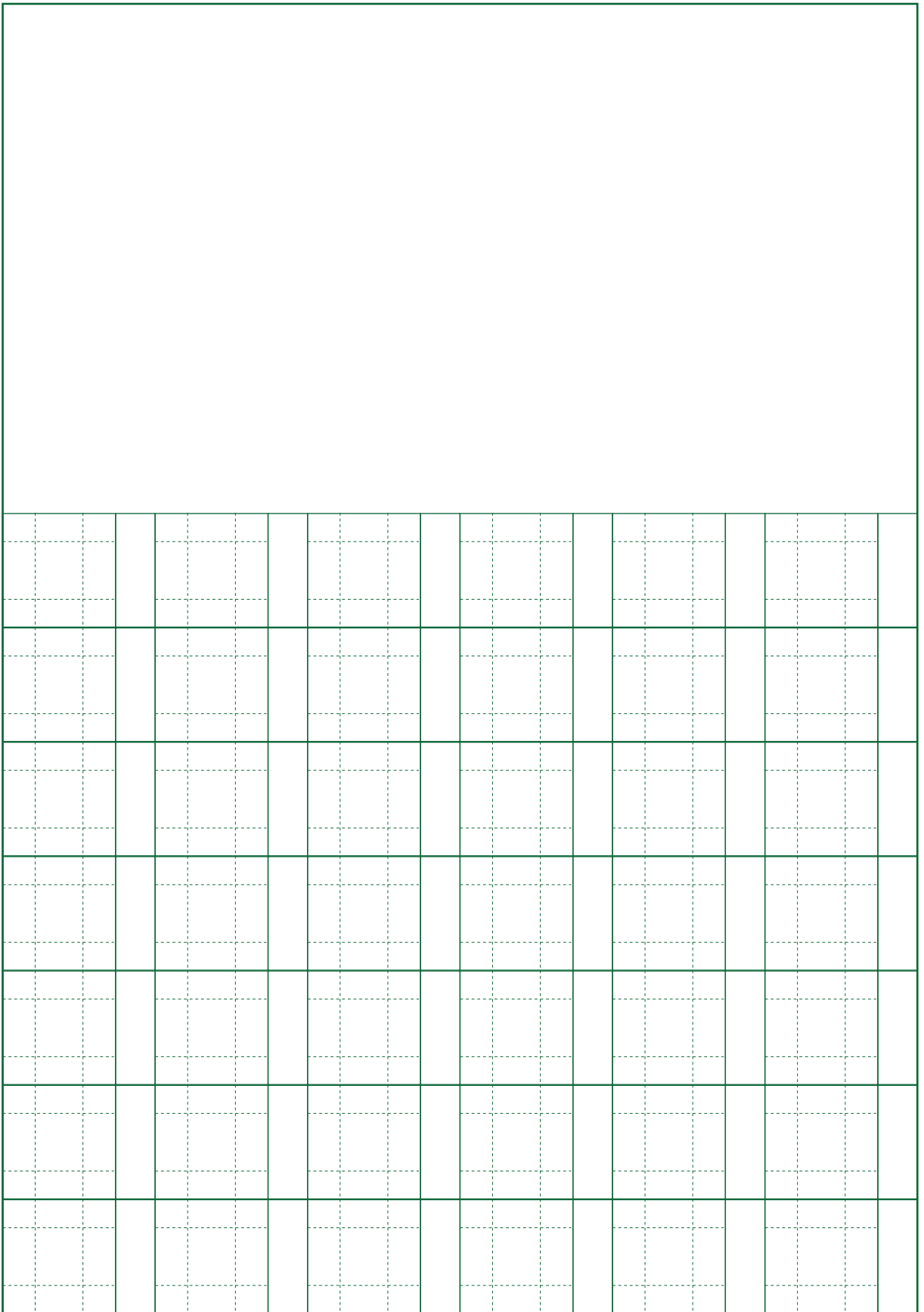








國字基本筆畫名稱表

一	フ	㇇	㇏	ノ	丶	丨	一	筆畫
橫 鉤	橫 撇	橫 折	捺	挑	撇 點	豎	橫	名稱
疋 子	水 夕	田 己	天 尺	淋 子	禾 乏	又 永	串 乍 丁 上	例字

乙	乚	丁	㇏	し	く	㇏	レ	丿	筆畫
橫 斜 鉤	豎 曲 鉤	橫 折 鉤	臥 鉤	斜 鉤	撇 頓 點	撇 挑	豎 挑	豎 鉤	名稱
迅 几	己 巳	力 包	必 沁	弋 戰	巡 女	云 公	良 比	爭 事	例字

